Name	DOB
	DOD

### **Female**

### **Estrogen Dominance/Progesterone Deficiency Questionnaire**

This questionnaire lists symptoms and other factors most commonly found in women suffering from this condition. By answering this questionnaire, your scores will determine whether or not you might have estrogen dominance/progesterone deficiency. If you answer yes to any of the questions listed, please <u>circle</u> the number to the right of the question and total your score separately at the bottom of each table.

Do you have premenstrual breast tenderness?	4
Do you have premenstrual mood swings?	4
Do you have premenstrual fluid retention and weight gain?	4
Do you have premenstrual headaches?	4
Do you have migraine headaches?	3
Do you have severe menstrual cramps?	4
Do you have heavy periods with clotting?	3
Do you have irregular menstrual cycles?	3
Do you have uterine fibroids?	3
Do you have fibrocystic breast disease?	3
Do you have endometriosis?	2
Have you had problems with infertility?	2
Have you had more than one miscarriage?	2
Do you have joint pain?	1
Do you have muscle pain?	1
Do you have decreased libido?	3
Do you have anxiety or panic attacks?	2

<b>Total</b>	

If your total score is **less than 4 points**, it is not likely that you have estrogen dominance/ progesterone deficiency. Scoring **between 5-8 points** indicates estrogen dominance/progesterone deficiency. A score **between 9-20 points** indicates estrogen dominance/progesterone deficiency is likely. A score **above 20 points** would suggest that estrogen dominance/ progesterone deficiency is very likely.

#### Perimenopausal and Menopausal Symptoms of Low Estrogen Questionnaire

This questionnaire lists symptoms and other factors most commonly found in women who are either perimenopausal or menopausal, and suffering from low estrogen. By answering this questionnaire, your scores will determine whether or not you might have low estrogen.

Do you have hot flashes?	4
Do you have night sweats?	4
Do you have vaginal dryness?	3
Do you urinate frequently?	2
Are you depressed?	2
Do you have difficulty sleeping?	3
Have you lost interest in sex?	2
Have your periods ceased?	4

_	_	
Т	otal	

If your total score is **less than 4 points**, it is not likely that you have low estrogen. Scoring **between 5-9 points** indicates low estrogen is likely. A score **above 9 points** would suggest that low estrogen is very likely.

### **Yeast Overgrowth Questionnaire**

This yeast questionnaire lists symptoms and other factors most commonly found in people suffering from **yeast overgrowth**. By answering this questionnaire, your scores will determine whether or not you might have yeast overgrowth. If you answer yes to any of the questions listed, please <u>circle</u> the number to the right of the question and total your score separately at the bottom of each table.

Do you have fatigue?	3
Do you feel lethargic?	2
Have you taken antibiotics multiple times during your life?	3
Do you have abdominal bloating, cramping or gas?	3
Do you have indigestion or heartburn?	2
Do you have abnormal bodily reactions to wine, beer or alcoholic beverages (i.e. flushing, headaches, sinus congestion or itchy skin)?	2
Do you crave sugar or bread products?	2
Do you have difficulty concentrating?	1
Do you have depressed moods?	1
Do you develop skin rashes or hives?	2
Do you have athlete's foot?	4
Do you have jock itch?	4
Do you have rectal itching?	3
Do you have fungal infection under the toenails or fingernails?	3
Do you have allergy symptoms?	1
Do you have recurrent respiratory infections?	1
Do you have joint pain?	1
Do you have muscle pain?	1
Do you have recurrent vaginal yeast infections?	4

<b>Total</b>	

If your score is **less than 9 points**, it is not likely that you have yeast overgrowth. Scoring **between 10-16 points** indicates yeast overgrowth is a possibility. A score **above 16 points** indicates that yeast overgrowth is very likely.

#### **Adrenal Fatigue Questionnaire**

This questionnaire lists symptoms and other factors most commonly found in people suffering from adrenal fatigue. By answering this questionnaire, your scores will determine whether or not you might have adrenal fatigue.

answering and questionnaire, your scores win determine whether or not you might have deter	
Do you have fatigue?	3
Do you have allergies?	3
Do you have asthma?	3
Do you have recurrent infections?	3
Are you under severe emotional stress?	3
Do you suffer from chronic pain or physical?	3
Do you have low blood pressure?	2
Do you have a low pulse rate (less than 70 bpm without exercise)?	2
When you rise quickly, do you feel as though you might pass out?	2
Do you have depressed moods?	2
Do you have joint pain?	2
Do you have muscle pain?	2
Do you have low libido?	2
Do you have hair loss?	2
Do you have anxiety attacks?	2

Total

If your total score is **less than 6 points**, it is not likely that you have adrenal fatigue. Scoring **between 7-12 points** indicates adrenal fatigue is a possibility. A score **above 12 points** would suggest that adrenal fatigue is very likely.

### **Low Thyroid Questionnaire**

This questionnaire lists symptoms and other factors most commonly found in people suffering from low thyroid or hyperthyroidism. By answering this questionnaire, your scores will determine whether or not you might have low thyroid. If you answer yes to any of the questions listed, please <u>circle</u> the number to the right of the question and total your score separately at the bottom of each table.

Do you have fatigue?	4
Do you have elevated cholesterol?	4
Do you have difficulty losing weight?	2
Do you have cold hands and feet?	2
Are you sensitive to the cold?	2
Do you have difficulty thinking?	2
Do you find it hard to concentrate?	2
Do you experience brain fog?	2
Do you have poor short term memory?	2
Are your moods depressed?	2
Are you experiencing hair loss?	2
Do you have less than one bowel movement per day?	2
Do you have dry skin?	2
Does your skin itch in the winter?	1
Do you have fluid retention?	2
Do you have recurrent headaches?	1
Do you sleep restlessly?	1
Are you tired when you awaken?	2
Do you have afternoon fatigue?	2
Do you have experience tingling or numbness in your hand or feet?	2
Do you have decreased sweating?	2
Have you had problems with infertility or miscarriages?	2
Do you have recurrent infections?	2
Do your muscles ache?	2
Do you have joint pain?	2
Do you have thinning of your eyebrows or eyelashes?	2
Is your tongue enlarged with teeth indentations?	2
Is your skin pasty, puffy or pale?	2
Do you have decreased body hair?	2
Is your voice hoarse?	1
Do you have a slow pulse?	2
Do you have a low blood pressure?	2
Does your body temperature run below the normal 98.6?	4
Do you have sleep apnea?	2

Total	

If your total score is **less than 10 points**, it is not likely that you have low thyroid. Scoring **between 11-30 points** indicates low thyroid as a possibility. A score **above 30 points** would suggest that low thyroid is very likely.



### **History & Physical**

Name				SS#			Da	Date		
Address				Occupation						
Phone (Primary) (Secondary)										
Chief complaint	· ·	• •								
Drug Allergies				Fam	ilv Hi	story				
210.9 1019.00						<b>-</b>				
					E.d.	Mal	Father's	Mother's	C:1.1:	Cl :I I
			На	eart Disease	Father	Mother	Parents	Parents	Siblings	Childre
			riigii bioc	od Pressure						
Current Meds				Stroke						
Current Meus				Cancer						
				Glaucoma						
				Diabetes						
			Epilepsy/C	Convulsions						
			Bleedir	ng Disorder						
			Kidı	ney Disease						
				oid Disease						
			=	ental Illness	П			П		
	_			steoporosis						
Hospitalization	or Surgery		O	stcoporosis	П				Ш	Ш
Reason	Date	Reason		Dat			:e			
Women only:	Pregnant?	Yes No	Dlanr	ning Pregna	nau?		Yes	No		
_	· ·	ies inc	) Haiii	iiiig i regna	aricy:		ies	NO		
<b>Medical History</b>	<i>[</i>									
□ Headache			ntolerance _							
□ Shortness of breath			der disease							
☐ Heart palpitations			disease							
□ Heart murmur		□ Bowel iri	rregularity   Chronic rashe nence   Rheumatic fev			es				
☐ Chest pain										
□ Dizziness/Fainting □ Peripheral vascular dise	0250			al dysfunction						
☐ Allergies/Hay fever			al disease							
□ Asthma		•								
□ Bronchitis										
		-								
□ Pneumonia □ Arthritis □ Ulcer □ Osteoporosis			rosis		□ Other					
□ GI disorder □ Nervousness □										
Habits										
□ Smoke: Packs daily		□ Coffee:	Cups daily			⊓ Sle	en: Diffici	ılty falling	asleen	
How long?		d Coffee.	Other caffei					nuity distu		
	opping?									
□ Exercise routine: □ Diet:			ol: Type Amount			Snoring Early morning awakening				
		Salt intake		Daytime drowsiness						
			Fat intake		Other					
Hepatitis C risk factor										
□ Blood transfusion prior	to 1992	□ Contact v	with blood/	bodily fluid	d	□ Sha	ared razor	/toothbrus	sh	
□ IV drug use (1+ times)		□ Tattoos				□ Boo	dy piercin	g		

### **Taylor Family Practice**

### **Taylor Family Practice**

Dr. Jill A. Taylor

Authorization for Release of Healthcare Information

Phone#: 281-359-4220 Fax#: 281-359-4208

Patie	nt Name:		DOB:				
I here	by authorize the transfer/re	ceipts of the following	ng healthcare information:				
To:	Taylor Family Practice 1806 Humble Place Driv Humble, TX 77338	ve	From previous Doctor:				
			Phone#: Fax#:				
**M(	OST RECENT ONLY**	Рар	MAMMOGRAM	LABS			
Purpo	ose of Disclosure:	Continuing Patient	Care Ot	her			
diagn	osis and/or treatment of dru se, including human immund	ıg or alcohol abuse, ı	nay include, but is not limited mental/psychiatric related illn /) and Acquired Immune Defic	ess or communicable			
faith h Tayloi releas other autho Practi	nas already occurred in relian r Family Practice Medical Resection for the specific purpose agency, organization or persection may be subject to re-	nce on this consent. cord Department. It e stated above and reson. Information use e-disclosure by the reers and providers are	except to the extent that discle The revocation must be in wrise further understood that the may not be provided in whole of or disclosed pursuant to this ecipient and is no longer prote released from legal responsing authorized herein.	iting and delivered to e information or in part to any s to this ected. Taylor Family			
	(Signature of Patient)	(Date)	(Signature of Patient's Representa	tive) (Date)			

### **Patient Registration**

Date	<del></del>		FOR INTERNAL USE ONLY PATIENT NUMBER		
Patient Informat	tion		TATIENT NOMBER		
		Home Address			
First Name	Middle				
	ivildate		State	ZIP	
Sex Date o	of Birth (MM/DD/YY)				
Marital Status □ Marri		Primary Phone (	)		
	ced 🗆 Widowed	Secondary Phone (	•		
	ed □ Retired □ Full Time Student	Referring Physician _			
		2			
Your Pharmacy		Name of Pharmacy: _			
Pharmacy's Phone Nun	nber:	Zip Code:	Street/Address:		
Insurance Inform	<b>mation</b> PLEASE PROVIDE YOUR INSUR	ANCE CARD TO THE R	ECEPTIONIST**		
Insurance Company					
	Name		elationship		
	Group #				
Last Name	Middle	Primary Phone (			
Spouse/Guarant	or/Responsible Party				
First Name	Middle	Sex DOB (1	MM/DD/YY)		
			)		
		Employer			
City	State ZIP	Relationship			
payment directly to the Physi otherwise payable to me for P responsible to pay non-covere	BENEFITS TO PHYSICIAN: I hereby authorician of the Surgical and/or Medical Benefith his/her services as described, realizing that ed services.  EASE INFORMATION: I hereby authorize the services as described.	ts, if any, I am Signature (Patient of	or Parent if Minor)	Date	
	mation acquired in the course of my treatm				
necessary to process insurance	-	Signature (Patient o	or Parent if Minor)	Date	
	CRONIC COMMUNICATION: I hereby aut				
electronic communication (i.e	d and receive appointment reminders to me	e via Signature (Patient o	or Parent if Minor)	Date	
	CRONIC COMMUNICATION: I hereby aut	thorize	or raicit ir ivilitor)	Date	
	d and receive electronic communication (i.e				

## **Taylor Family Practice**

Text message, etc.) regarding, but not limited to, filling, refilling and

authorizations of prescriptions.

1806 Humble Place Dr. • Humble, TX 77338 • Ph: 281-359-4220 • Fax: 281-359-4208

Date

Signature (Patient or Parent if Minor)

### **Your Health Care is Always Our Priority at Our Practice**

We would like to inform you of the guidelines set by your insurance carrier regarding appointments for certain kinds of visits as well as authorizations for testing and referrals to specialists and laboratory utilization of blood work.

#### **Emergency Care:**

Those medical situations which a participant reasonably believes his of her life, or the life of a dependent, is in danger, or that permanent disability might result if the condition is left untreated (i.e. severe trauma, severe bleeding, loss consciousness, seizures, chest pain, poisoning, etc.). Participants must dial 911 or go to the nearest hospital's emergency room.

#### **Acute Care:**

Non-urgent problems that do not substantially restrict normal activity but could develop if left untreated (i.e. sinus infection, cold, earaches, headaches, etc.) Acute care will be provided as soon as an appointment is available with any of the office's practitioners (usually within 3 business days).

#### **Urgent Care:**

Urgent medical problems are those which, though not life-threatening, could result in serious injury or disability unless medical attention is received (i.e. high fever, animal bites, vomiting, diarrhea, etc.) or substantially restrict a participant's activity (i.e. infectious illness, flu, respiratory ailments, etc.). Participants needing urgent care will be seen usually within 24 hours or the first available appointment.

### Well Care:

Well care refers to care for those needs that do not restrict a participant's activity (i.e. complete physical, well child care, immunizations, pap and pelvic exams, etc.). Participants needing well care will be seen within 60 calendar days.

The following list will give you approximate times necessary to receive results of the completed services indicated below:

Mammogram Results:20-40 business daysBlood work Results:20-30 business daysX-Ray Results:7-10 business daysPap Results:20-30 business days

\*\*Abnormal Results: You will be called to make an appointment to return to office. \*\*

Non-Urgent Referrals: 7-10 business days (referral can be picked up or faxed to the doctor.)
Stat Referrals: 1-2 business days (your doctor determines urgency of referrals.)

Forms needing to be filled out: An office visit is required to verify

that correct information appears on the forms.

Prescription Refills: 4 business days (refills need a recent office

visit within 3 months. There will be no narcotic refills over the phone. One month advance for mail-in script or routine needs.)

Prior Authorizations Prescription Prior Authorizations are done through Cover My Meds

Portal. If required, there is a \$25.00 **non-refundable** fee whether approved or denied and may take 7 business days to process.

**WE DO NOT RECEIVE REFILL REQUESTS VIA FAX FROM PHARMACY**				
Patient Signature	Date  Copyright © 2011 Taylor Family Practice. All rights reserved.			

### **Acknowledgement and Authority**

I consent to treatment from either Dr. Jill A. Taylor or any of her associated practitioners, as necessary or desirable for the care of the patient named on the form. This including, but not restricting to any drugs, medications, lab tests or other studies which may be used by the physician of his/her qualified, designated associate practitioners practicing at her office.

I acknowledge full responsibility for payment of such services and agree to pay my bill in full at the time of service. I understand that insurance coverage is an arrangement between the insurance carrier and the patient. Taylor Family Practice, as a courtesy to me, will assist in billing my insurance company, but I am ultimately responsible for the payment should my insurance fail to pay within a reasonable period of time.

I authorize Dr. Jill A. Taylor, D.O. to release information as required to my insurance or third party payer (including my employer or worker compensation carrier) for the purpose of determining benefits. I understand that such records may include information regarding having HIV/AIDS testing, substance abuse and/or mental health issues. I also authorize Taylor Family Practice to bill my insurance or third party payer and receive payment directly from them for services rendered.

The authorization shall remain valid until I revoke it in writing. A photocopy or a faxed copy of this authorization shall be deemed as valid as the original.

Patient Name	
Signature of Patient, Parent or Guardian	 Date

# Health Insurance Portability and Accountability Act (HIPAA) Privacy Compliance Patient Questionnaire

All patients have the right to have confidential care provided. All information, medical, or social (whether written, spoken, electronic or computer generated) is to be held in strict confidence. Please fill out this information in order for Taylor Family Practice to provide better service.

If anything is seriously abnormal, our office will notify you by telephone, letters are sent out regarding other tests. If you are not notified, please  $\underline{DO\ NOT}$  assume everything is normal. Call our office if it has been over six weeks since your test and you are not notified.

1.	Please list the family members or other persons, if any, whom we may inform about general medical condition and your diagnosis. Please list complete name and phone number:
2.	Please list the family members or significant others (if any) whom we may inform about your medical condition ONLY IN EMERGENCY. Please list complete name and phone number
3.	Please print the address of where you would like your billing statements and/or Correspondence from our office to be sent:
4.	Please print the telephone number and Email address (if any) where you want to receive calls about your appointments, lab and x-ray results or other healthcare information:  Phone Number:  Email Address:
5.	Can confidential messages (including appointment reminders) be left on your home answering machine or voicemail? Yes No
6.	If you <u>DO NOT</u> have voice mail, can a message asking you to call us about results or to confirm your appointment be left at your place of employment? Yes No
7.	Are you moving in 30 days, or changing home or work phone number? If so, please notify our office as soon as you have your new information in order for us to contact you with any test results or provide information below:  New address and effective date:
	New phone number(s) and effective date:
	(Guardian if under 18 years old)
Patient	Name (Printed)
 Patient	

### **Taylor Family Practice**

#### **Advance Patient Notice Form**

Your physician may refer you to, or arranging for you to receive services from, a non-participating physician, provider or facility for certain healthcare services. You have the right to receive services at a participating facility or by a participating physician or provider in order to obtain full benefits under your health coverage. If you have questions or would like to locate an in-network physician, provider or facility to provide the service or procedure, please contact Customer Service at the telephone number listed on the back of your insurance identification card.

Patient Name:	
Dlagge	Member ID#:
Phone:	Wember 1D#:
To be completed by the patient or pa	tient's legal guardian:
By placing my signature on this waiver form bel	ow, I acknowledge the following:
1. I am aware that the non-participating facility,	provider that <b>MAY</b> be involved in my care
<b>MAY</b> not participate with my insurance.	-

- 2. I understand that I **MAY** be responsible for additional costs for all services provided by the non-participating facility/provider, as specified in my benefit contract.
- 3. I was given an opportunity to contact my insurance company before obtaining these services to confirm my benefits for these non-network services and to obtain names of participating facilities and/or participating providers that can provide the recommended service or procedure.
- 4. I understand that absent special circumstances (e.g., financial hardship), the non-participating facility/provider is **PROHIBITED** from waiving <u>co-payments</u>, <u>deductibles</u>, <u>coinsurance or other member cost sharing amounts</u>.
- 5. I **MAY** voluntarily choose on behalf of myself or my child/legal guardian to obtain the service or procedure from the non-participating facility and/or physician.

(Signature of Patient)	(Date)	(Signature of Patient's Representative)	(Date)